



## ILA-USMX JOINT SAFETY COMMITTEE

# OSH ALERT 2021-07 [02 August 2021]

## COVID-19: Isolation & Quarantine

With all the recent governmental guidance relating to the COVID-19 Delta variant getting into the print and broadcast media, and with the renewed emphasis on vaccination being accompanied by reports about comparatively rare “breakthrough” infections that can be contracted even by those individuals who have been fully vaccinated, it’s easy to get lost in all that “stuff” and become confused about what you need to know regarding the basics.

Those basics are:

- 1). In the event you become infected, there is a need for “**Isolation**”; and
- 2). In the event you come into “*close contact*”<sup>1</sup> with someone who has become infected, there is a need to “**Quarantine.**”

The U.S. Centers for Disease Control & Prevention (CDC) updated the relevant webpage at its website just two days ago in order to provide the public with current information in relation to the terms “**Isolation**” and “**Quarantine.**” We provide an active link to the updated webpage here:

[https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fif-you-are-sick%2Fisolation.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fif-you-are-sick%2Fisolation.html)

The updated webpage offers a great deal of information about “What to do?”, and also provides the answers to several important questions typically asked by workers and managers when wondering about things such as:

What takes place in both “**Isolation**” and “**Quarantine**” and how long does each last?

The ILA~USMX Joint Safety Committee recommends that you review the updated webpage and continue to refer to the CDC’s COVID-19 webpages from time to time to keep current with what appears to be a quickly changing COVID-19 environment.

**Got a question about this particular subject? Write to the JSC at: [blueoceana@optonline.net](mailto:blueoceana@optonline.net)**

---

<sup>1</sup> The term “*close contact*” means being within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period.)

## Working Together For The Benefit Of All

ILA-USMX OSH Alerts are devised to reflect the best possible information and guidance, and are products of diligent research and the most up to date subject matter knowledge. Consequently, while the information contained herein is believed to be accurate, owing to a host of factors ILA-USMX can convey no direct or implied warranty relative to the reliance of parties upon content.