

## **OSH Circular 2015-06** (01 June 2015)

## **Avoiding Heat Stress**



Summer is fast approaching, and in keeping with its tradition of raising the consciousness of workers, managers and supervisors the ILA~USMX Joint Safety Committee would like to provide this reminder, as we enter a season known for its high temperatures and humidity, that **REST**, **WATER** and **SHADE** are necessary in effectively dealing with heat stress hazards.

Additional information of a useful nature may be found at OSHA's heat stress webpage. Here's the link:

http://www.osha.gov/SLTC/heatillness/heat\_index/heat\_app.html

Working Together For The Benefit Of All

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